

Lhermitte-Duclos Disease Related With Cowden Syndrome Mimicking Metastatic Lung Cancer on FDG PET/CT

Selin Kesim, MD, Salih Ozguven, MD, Kevser Oksuzoglu, MD, and Tanju Yusuf Erdil, MD

Abstract: Cowden syndrome is characterized by multiple hamartomatous and neoplastic lesions including Lhermitte-Duclos disease, which is the main criterion for the diagnosis. Herein, we presented a patient with suspected metastatic disease referred to PET/CT, which showed mildly hypermetabolic multinodular thyroid goiter, multiple hamartomatous pulmonary, and breast nodules. Also, intense hypermetabolism was noted on the cerebellar tumor lesion. Lhermitte-Duclos disease was diagnosed based on the characteristic MRI findings, and she was followed up with a diagnosis of Cowden syndrome. Our case indicates that Cowden syndrome should be included as a differential diagnosis of abnormal FDG uptake in the multiple systemic hamartomatous tumors.

Key Words: Lhermitte-Duclos disease, Cowden syndrome, ^{18}F -FDG PET/CT
(*Clin Nucl Med* 2023;48: e99–e100)

Received for publication June 8, 2022; revision accepted July 21, 2022.
From the Department of Nuclear Medicine, Marmara University Pendik Research and Training Hospital, Istanbul, Turkey.
Conflicts of interest and sources of funding: none declared.
Correspondence to: Selin Kesim, MD, Department of Nuclear Medicine, Marmara University Istanbul Pendik Training and Research Hospital, Muhsin Yazıcıoğlu St, TR-34899, Üstkaşnarca, Pendik, Istanbul, Turkey. E-mail: selinkesim@yandex.com.

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ISSN: 0363-9762/23/4802-0e99
DOI: 10.1097/RLU.00000000000004382

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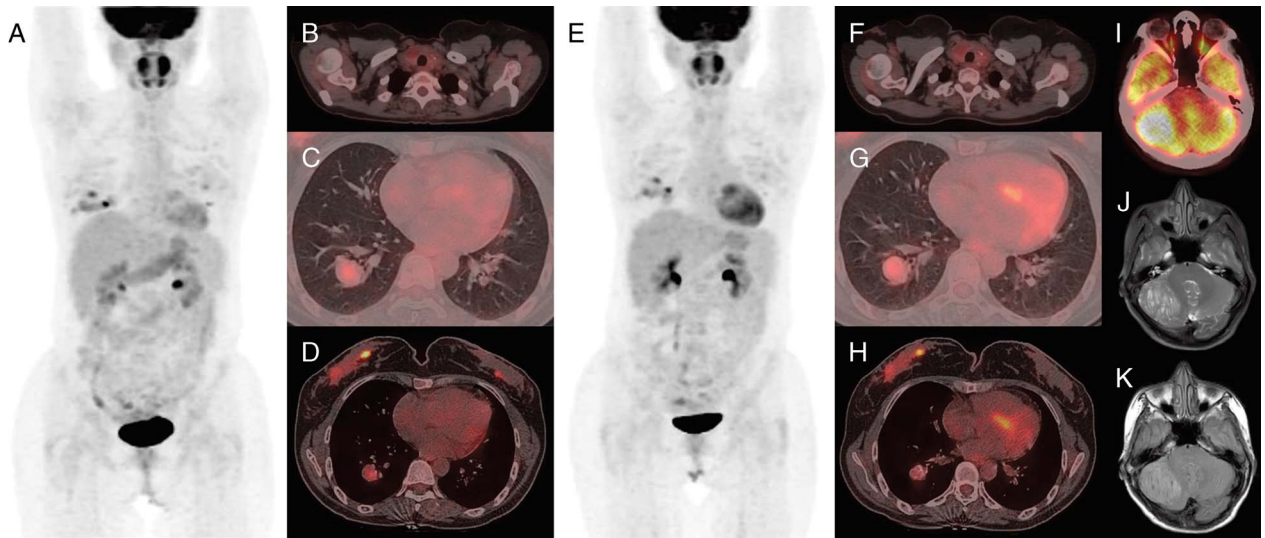


FIGURE 1. A 39-year-old woman with a medical history of colon polypectomy was referred to ^{18}F -FDG PET/CT scan for evaluating cancer of unknown primary due to multiple pulmonary nodules discovered on the thorax CT, which were evaluated in favor of metastases. MIP (A) and axial PET/CT images revealed mild-to-moderate hypermetabolic multinodular thyroid goiter (B) and multiple nodular lesions on both breasts (D). Increased FDG uptake was observed in multiple pulmonary nodules with calcification in both lung parenchyma, suggesting lung cancer (C). Also, intense FDG uptake (SUV_{max} , 13; tumor-to-contralateral cerebellum uptake ratio, 1.4) was depicted in the 5-cm measured hypodense mass lesion in the right cerebellar hemisphere suspicious for metastasis (I). The mass lesion showed tiger-stripped pattern of hyperintensity on T2-weighted MR images without contrast enhancement (J and K), suggesting the diagnosis of Lhermitte-Duclos disease (LDD). The hamartomatous nature of the lesions along with LDD in the cerebellum lead to the diagnosis of Cowden syndrome (CS) and a year after, the tumors remained stable without a specific treatment (E, MIP; F–H, axial fused PET/CT images). LDD is a rare disorder characterized by a slowly growing hamartomatous tumor within the cerebellar cortex. Characteristic MRI findings including tiger-stripped pattern on T2-weighted images and increased perfusion without contrast enhancement are pathognomonic for the diagnosis. Mild-to-moderate FDG uptake has been previously reported in LDD.^{1,2} High FDG uptake in LDD may lead to misdiagnosis and unnecessary surgical procedures.³ The mechanism of high FDG uptake in this benign tumor remains unknown but is sought to be related to the increased density of dysplastic cells.⁴ Recent studies have revealed a close relationship between LDD and CS, also called multiple hamartoma-neoplasia syndrome, and adult-onset LDD is reported to be identical to CS.⁵ CS is characterized by multiple benign tumors including mucocutaneous lesions, systemic hamartomas, gastrointestinal polyps, breast fibroadenomas, multinodular goiters, and increased risk of other neoplasms such as breast, thyroid, and endometrial cancers.⁶ Whole-body FDG PET/CT has an emerging role in determining the presence/absence of cancer in CS.^{7,8} Our case indicates that intense FDG uptake in such benign tumors including LDD can be misinterpreted as malignant disease; CS should be considered for correct interpretation of the PET activity to save patients from unnecessary surgery or chemotherapy.