



ICOMESS
ANKARA

INTERNATIONAL CONGRESS OF MEDICAL AND
HEALTH SCIENCES STUDIES

Abstracts
Booklet



ICOMESS



ICOMESS



**International Congress of Medical and Health
Sciences Studies
Abstracts Booklet**

1-2 Dec 2022

Ankara/Turkey



International Congress of Medical and Health Sciences Studies

ISBN: 978-605-72864-4-4

Evrin KIZILER.....	45
Investigation of the Effect of Nurse Navigation Program on Complications, Compliance and Quality of Life in Patients with Intestinal Stoma.....	46
Gülistan YURDAGÜL.....	46
Nuran TOSUN.....	46
Pain Management in Children with Sickle Cell Anemia.....	47
Evrin KIZILER.....	47
Operating Room Efficiency: Literature Review.....	48
Ayşe UÇAK.....	48
Arzu TAT ÇATAL.....	48
Fatma CEBECİ.....	48
The Effectiveness of the Sexual Health Psychoeducation Program for Physically Disabled Adolescents.....	49
Raife AŞIK.....	49
Semra KARACA.....	49
A New Concept and An Existing Threat in Nursing: Organizational Blindness.....	50
Sibel MELER.....	50
Ayşe ÇİÇEK KORKMAZ.....	50
The Relationship between Organ Transplant Nurses' Compassion Levels and Their Attitudes towards Nursing Profession.....	51
Bahar ASLAN DOĞAN.....	51
Hatice OLTULUOĞLU.....	51
Meral ÖZKAN.....	51
The Relationship between Nursing Students' Level of Information Technologies Utilization and Artificial Intelligence Anxiety.....	52
Bahar ASLAN DOĞAN.....	52
Gürkan ÖZDEN.....	52
University Students' Opinions on Organ Transplant and Donation: A Comparison of Four Different Undergraduate Programs.....	53
Remziye CİCİ.....	53
Gülay YILMAZEL.....	53
The Effect of Nursing Students' Health Literacy Levels on Health Behaviours.....	54



International Congress of Medical and Health Sciences Studies

ISBN: 978-605-72864-4-4

The Effectiveness of the Sexual Health Psychoeducation Program for Physically Disabled Adolescents

Raiife AŞIK¹
Semra KARACA²

Abstract

This research was planned to evaluate the effectiveness of the online psychoeducation program including sexual health education in physically disabled adolescents.

In this study, a randomized experimental design with pretest-posttest, follow-up measurement, intervention and control groups was used to evaluate the effectiveness of the sexual health online psychoeducation program in adolescents with physical disabilities. The universe of the study consists of adolescent members aged 12-15 in the Turkish Spinal Cord Paralysis Association (N :600). Nearly 90 people with physical disabilities and their families, who were included in the inclusion criteria of the study, were reached through the institution. 62 people were included in the study as a result of the foresights made due to the intensity of their online classes due to the Covid 19 pandemic, and their inability to volunteer for the subject of the research (they are ashamed and do not want to discuss it as a topic to be discussed). Participants were divided into 31 participants as intervention group and 31 participants as control group by randomization method. The intervention group was divided into 3 groups of 10 and a six-week psychoeducation program lasting 60 minutes once a week was applied. At the end of the training, the intervention and control groups were given a post-test and a follow-up test at the end of the 3rd month.

As a result of the statistical findings made within the scope of the sexual health knowledge and attitude inventory, when the posttest and 3rd month follow-ups of the experimental group were examined, a significant difference was found in their attitudes towards sexuality, attitudes towards sexual behaviors and attitudes towards sexually transmitted diseases ($p<0.05$).

This study can be a guide for creating a model for the creation of sexual health programs for adolescents with physical disabilities.

Keywords: Adolescent, physically disabled, sexuality, sexual health, psychoeducation

¹ Öğr. Gör., Okan Üniversitesi, İlk ve Acil Yardım Prg., Orcid: 0000-0002-6023-8649

² Doç. Dr., Marmara Üniversitesi, Hemşirelik Bölümü, Orcid: 0000-0002-1616-104X